

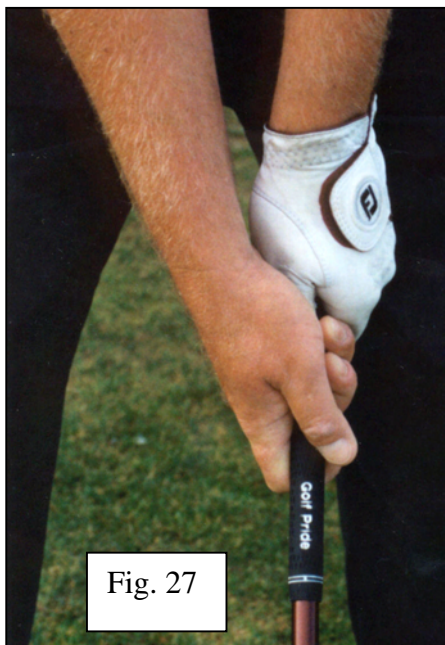
INSTANT PERSONAL GOLF LESSONS

CHAPTER TWO: HOW TO GRIP THE CLUB

There are several important basics to the grip. One is getting the butt of the club *under the pad or heel of your left hand*. Another is getting your *right hand behind the club*.

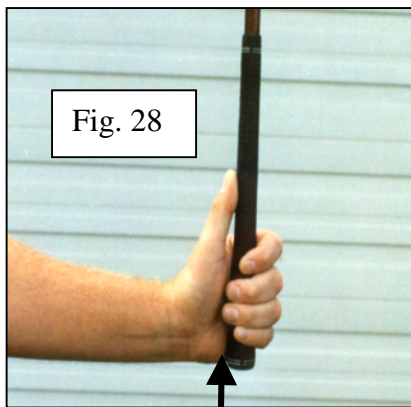
PLACING THE CLUB UNDER THE HEEL OF THE LEFT HAND FOR CORRECT GRIP

Reach out with your left arm straight and at shoulder height. Take hold of the grip in your fist, pressing the end of the club against the heel of your left hand. As in Fig. 28 hold the golf club in a straight up position with the shaft of the club pointing skyward and the tip of the clubhead pointing towards you.



This chapter will address the grip. I am going to give you the basics, or standards set through years of experience by players. The professionals on tour use these basics. They may vary slightly, but none will stray too far.

Having the proper grip will enhance your ability to strike the ball solidly.



Be sure the club grip is under the heel of your left hand.